

Welcome to 2022! We have lots of news to share with you about the Marin chapter of the California Association for Marriage and Family Therapists, including improvements to the Therapist Directory!

MARIN CAMFT CONNECTIONS

January February March 2022



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Note: This newsletter is a long one, as we have a lot to share! Please read through carefully, including the important announcements of updates and improvements to your member profile and how our Marin Therapist Directory works, which are discussed below!

[contact Newsletter Editor](#)

President's Message



by [Adam Cohen, LMFT](#)
2022 President

Hello and Happy 2022!

I'm a sucker for the symbolism of a new year. Its possibility. Its potential. I'm also a sucker for the space that exists between one thing ending and another thing beginning. Each year I set aside intentional time on New Year's Eve and New Year's Day to engage in a ritual of reflection and inquiry to explore my personal and professional path, where growth and new discoveries have occurred, where stuckpoints and roadblocks continue to exist, what I'm curious about and setting towards in the future.

I ended 2021 and am starting 2022 thinking a lot about this organization and our Board of Directors. The passing from 2021 into 2022 has found the Board of Marin CAMFT experiencing significant change. As we said goodbye to 2021, we also said goodbye to three board members who brought unbelievable service and care to this organization.

I would like to share how important each of these individuals has been.

Beth Leib, LMFT had served on the board for 4 years as our Director-At-Large of Community Service. Along with **Dee Treshnell, LMFT** and **Kathleen Ries, LMFT**, Beth rebuilt our [Trauma Response Team](#) which is now a resource of therapists that the County of Marin calls upon in times of collective crisis to tend to the psychological needs of our community. Beth has always brought so much passion and care to this work. While she is stepping down from her role as a director on the board, she will continue to lead the Trauma Response Team with Kathleen, and we are excited for what comes next with all of their efforts.

Lynne Clyde, LMFT had also served on the board for the past 4 years, notably as Marin CAMFT's President in 2020. She is a graceful, compassionate, and intelligent leader who got our organization through the toughest year it had faced - putting out the proverbial fires that continued to show up one after another, and helping to seamlessly transition our entire organization into one that operates virtually. She continued to serve us as Past President through 2021. It cannot be stated enough how integral to this organization Lynne has been. She is a light and a wonder, and one hell of a rock star on the side!

Pat Saunders, LMFT has served on the board for more years than I can count. She is this organization. Most all of us know her and

sent me with a variety of organizational questions, I would have too many dollars. And each time I asked for support, she offered it with grace, experience, compassion, and humor. I will try not to email her this year.

I thank each of you three deeply for what you have offered this organization, and look forward to continuing our friendships for the years to come!

WELCOME OUR NEW BOARD!

With endings often come new beginnings, and we have quite the new beginning this year! I am BEYOND STOKED to start work with the SIX new board members we have on our 2022 Board of Directors, who will be joining me and longtime board members **Meri Hayos, LMFT** and **Laurie Buntain, LMFT**.

Please join me in welcoming the new members of the [Marin CAMFT Board of Directors](#):

- ◆ President-Elect **Peter Sadler, LMFT**
(<https://petersadlermft.com>)
- ◆ Secretary **Bonnie Kaufman, MEd, MHC, LPCC**
(<https://therapywithbonnie.org>)
- ◆ Director at Large for Programs **Norman Hering, LMFT**
(<https://www.normanhering.com>)
- ◆ Director at Large for Marketing **Rachel Barr, LMFT**
(<http://www.creativetherapyla.com>)
- ◆ Director at Large for Community Service
Jenna Marsala, LMFT ([Psychology Today](#))
- ◆ Director at Large for Pre-Licensed
Katharine Spencer, MS

In addition to these board members, we all are EXTREMELY lucky to again have [Lisa Wenninger, MA, NCC, APPC](#) (<https://theworkiswithin.com>) on the team as our Newsletter Editor/Web Editor/Wears-So-Many-Hats-To-Keep-This-Organization-Running-Person-It-Is-Unbelievable. She joined the team last year and we are so excited to have her with us this year as well! Some of you have seen Lisa host a few of our events. I'm excited for even more of you to get to know her and her work.

can't wait to see what we do together.

On that note...



ANNUAL
MEMBERSHIP
MEETING
& 2022 PLANNING RETREAT

Saturday,
January 8
10am-12pm
ON ZOOM

All members
invited!

Come meet the 2022 Marin
CAMFT Board of Directors and
give input into your chapter!

SEE DETAILS AND REGISTER ON
MARINCAMFT.ORG

ANNUAL MEMBERSHIP MEETING

Thank You from 2021 Past President



by **Lynne Clyde, LMFT**
2021 Past President

I have been so honored to have worked with such a wonderful team of colleagues over the past 4 years, serving as Membership Director 2018-2019, 2020 Chapter President, and 2021 Past President.

You may have seen the photos on [the front page of marincamft.org](http://the.front.page.of.marincamft.org) from the 2020 Planning Retreat, like this one. That retreat was one of the last in-person events MCAMFT has held since the pandemic began.



I want to thank everyone I have had the privilege to work with, too many to mention in this column so here's to all the people who served on the 2018, 2019, 2020 and 2021 MCAMFT Boards and Committees. A heartfelt thank you to the 2021 Board: Adam Cohen, Pat Saunders, Laurie Buntain, Meri Hayos, and Beth Leib. Also, my deepest gratitude to Dan Neuharth, our 2019 President and 2020 Past President. To the incoming 2022 Board of Directors: Welcome and thank you for your service. We are all so excited by the new energy you are bringing to Marin CAMFT!

My heart is full when I think of all the unforgettable experiences and tremendous connections I have made as a result of this experience. I may be stepping down from leadership of our chapter, but I truly look forward to future connections with the friends and colleagues who make Marin County CAMFT such an outstanding organization.

Wishing all of you a peaceful and bright new year.

Lynne

Recent Additions to the Programming Library

We had so many great events in 2021!

Here are highlights from Fall. Audio recordings are now available in the [Members-Only Library](#) for these and other trainings.

Let's Dismantle Ageism

with Kyrié Carpenter & Mel Coppola

Alcoholics Anonymous: A Resource for Therapists

with members of the local AA community

Intro to NARM: NeuroAffective Relational Model

with Brad Kammer

Access to audio recordings of select events is a benefit of membership in Marin CAMFT.

Not a member? [Learn more here!](#)

Farewell from 2021 Secretary and Director of Programs



by [Patricia Saunders, LMFT](#)

2021 Secretary and Director of Programs & Continuing Education

Well, the time has come for me to say goodbye to being on the Marin CAMFT Board. I have served for many years and it has been an honor and a privilege.

The past two years gave us some of the biggest challenges ever. The pandemic not only made us rethink how we do things but how we do them better than ever – and together we stepped up and never missed a beat.

As you know, we don't accomplish successes alone and I was lucky to have worked with the best team of people ever and am grateful for everything they offered.

I want to thank:

- The members for voting me in and trusting that I could do the job.
- My colleagues on the Board who supported and encouraged me through two of the most challenging years ever.
- The CEU Team who helped me provide top quality workshops and lectures.
- The exceptional speakers who provided professional trainings and helped our members to continue to grow and be the best therapists possible.

I have loved my time on the Board and the friendships I have made that I will hold in my heart forever.

Thanks for the memories.

Patricia

Please join us for our next event!

[Friday CE Series: Lust, Rage, Chaos, and Love: Erotic Transference in Psychotherapy](#)

Presented by Felicia Matto-Shepard

Friday, January 14 12:00pm - 2:00pm PT

Free for Marin CAMFT members, \$20 for non-members

2 hours of continuing education available

[See more details and register on \[marincamft.org\]\(http://marincamft.org\)!](#)

From Our Membership Director



by [Meri Hayos, LMFT](#)
2022 Director of Membership

The 2022 Membership Drive is on - it's time to renew! 2022 promises to be a challenging but great year, and Marin CAMFT membership can help fill your practice needs!

Continuing Education: One of our primary membership benefits is free and discounted continuing education. During 2021, more than 1,100 people participated in our continuing ed programs. We held two opportunities to earn valuable Continuing Education credits throughout most of the year, many of them completely free to our members. Feedback from these programs has consistently been enthusiastic, and we anticipate that 2022 will continue to offer a variety of interesting and helpful educational programs.

Improved Profiles and New Fields in the Marin Therapist Directory: Perhaps a less familiar aspect of our membership benefits is the [Marin Therapists Directory](#), which is publicly available and searchable by therapist attributes. We have been working on the MCAMFT website, and are now able to track the number of hits to the Therapist Directory generally, and are excited to report that this feature is regularly used! Your membership in Marin CAMFT gives you the option for your profile to appear in this directory.

We've also made improvements to make your Therapist Profile more useful to people searching for therapists, with new ways to contact you. Please see the instructions below for updating your profile to take advantage of these new features.

New Marin CAMFT Chapter Member Listing: We've had requests from members to publish a list of all of our members again, which we'll be doing this month in electronic form! All Marin CAMFT members who are active and in good standing as of January 31, 2022, will be included in a PDF directory that we will distribute. This resource will be available to you to find referrals within our local community of other therapists. You will be able to print it on your home printer to make notes in it if you like. We hope to be able to generate this listing every year going forward. If you wish to be included in this chapter membership listing, please be sure to renew before January 31st!

Membership Pricing Staying the Same: Again this year, the cost of the yearly Marin CAMFT membership will not increase. It ..

There are so many benefits that make membership worthwhile. In general, new memberships to MCAMFT are set up as auto-renewal; you can easily turn this feature off if you prefer to pay manually or if you would like to let your membership lapse. You can [log onto your Marin CAMFT account](#) to see how your current membership is set up and make changes.

Please renew online at marincamft.org and stay connected to this invaluable source of support for Marin County therapists. [Click here for detailed instructions](#) or simply [log on to your account](#) to renew.

Please note, renewals received after January 31st will be charged a \$15 late fee. Also, remember that membership in state CAMFT is a requirement for membership in Marin CAMFT.

Marin CAMFT is your direct line to help in the helping profession. Your membership provides unlimited opportunities to connect, to give and receive support, to expand or teach your expertise and skills. For assistance, questions, or concerns, please contact Meri Hayos at 415-448-6663 or mhayos.mft@gmail.com.

As always, thank you for your membership in Marin CAMFT.

Meri

Instructions for Updating Your Therapist Profile

We have added new fields to your Therapist Profile so that you can present your practice in new ways. These are all optional, not required, and it is up to you how you share yourself with the public. You can also choose not to be listed at all. All of these options can be changed in your online account at marincamft.org. Here's a quick explanation. If you need help, please reach out to [Lisa, our Web Editor](#), or [Meri, our Membership Director](#).

New Profile Fields in the Marin Therapist Directory

1. In the main Membership details section, a **Pronouns** field now appears beneath your first and last name.
2. In the Office Locations section, indicate if you see clients via **Teletherapy and/or In Person**. These are important fields for the public to use in finding therapists. Please view the [Therapist Directory](#) to see how they work.

Again, these fields are all completely optional. It is up to you if you wish to disclose these parts of your identity. If you choose not to disclose them, then your profile will still be displayed in all lists of therapists (unless you have it hidden entirely - see below) however it will not appear after a filter is selected on the Search by Attribute screen.

New "Send Message" feature to receive messages through your profile

Now you can be contacted through your Marin CAMFT profile!

As of January 1, 2022, we have enabled a new feature on the Therapist Directory where a message can be sent to you by a member of the public who is viewing your profile.

An incoming message will be automatically routed to the email address you have on your Marin CAMFT account. By including this feature on therapist profiles, you are now able to hide your email address from your public profile if you wish, which may reduce the number of spam emails you receive. This also gives the public a simple way to reach out to you with their inquiries, by clicking the Send Message button when viewing your profile.

Any messages sent by the public through this Send Message feature will come into your inbox with this tag prepended to the subject line:

"[Contact via marincamft.org]"

That's how you can tell it's an email message sent through your profile.

If you do not want the public to be able to contact you in this way, please use the instructions below to turn off the feature.

Please log on and update your Therapist Profile today!

We recommend that every member log on and review the listing in the directory, adding new information to the new fields, and making sure the current fields are accurate.

To edit your Therapist Profile:

1. [Log in to your account at the MCAMFT website](#),
2. Click on your name in the dark-blue banner at the top right of the screen
3. Click the blue Edit Profile button and make your changes

Don't want to be contacted through your LinkedIn profile? It's easy to turn off the Send Message feature! Follow

Marin CAMFT Diversity Committee

Would you like to get involved in organizing Marin CAMFT initiatives to promote diversity and equity in our community of therapists? We hope you'll come to the [Annual Planning Retreat](#) on January 8th where suggestions will be discussed with the entire chapter.

Then, the Marin CAMFT Diversity Committee is meeting to put these DEI plans into action for our chapter in 2022. This will be on Zoom on Sunday, January 30th at 4pm.

We've moved the Diversity Committee to Sunday afternoon this time, in the hopes that more can attend.

We will be exploring ideas for even more culturally aware training and education, initiatives to increase diversity of our membership, speakers we may want to invite, and more. It would be great if you can join us!

You're invited to the Diversity Committee Meeting on January 30th, regardless of whether you can make it to the Chapter Planning Retreat. Please contact Marty Frankel at martyfrankel@icloud.com if you're interested in attending the meeting on January 30th.

Meet the 2021 Kristina M. Carey Scholarship Recipients!

Marin CAMFT is pleased to announce the winners of the 2021 Kristina M. Carey Scholarships. Each year Marin CAMFT awards a trainee and an associate each with a \$1,000 scholarship. Kristina Carey was a Marin CAMFT board member who contributed her creativity, kindness and time to the chapter. [Our Scholarship Fund was renamed to honor her legacy in 2017.](#)

For the 2021 awards, the Kristina M. Carey Scholarship interviews were held by Zoom on November 20. The Scholarship Committee members (Suzanne Alfandari, Dorie Rosenberg, and Elaine McMahon) had the honor of interviewing wonderful and thoughtful candidates. Marty Frankel is also on the Scholarship Committee and participated in the recruitment and applicant review process.

Marin CAMFT's scholarship winners for 2021 are:

Nicole Duncan is the recipient of the Trainee Scholarship. She has worked with clients through the Community Institute for Psychotherapy (CIP) in San Rafael. She has a very strong background in community service agencies and facilities that focus on both outpatient and inpatient mental health. Nicole is working on her M.A. in counseling psychology through John F. Kennedy University. Strong areas of training interests for her are honoring cultural understanding and supporting LGBTQ+ individuals and community, as well as suicide prevention, and social justice.

Mora Ouneklap is the recipient of the Associate Scholarship. She currently works as a counselor at San Rafael High School. Mora grew up in San Rafael and attended San Rafael High School, and reports feeling a true sense of belonging in her community and is drawn to the diverse populations at the school. Earlier clinical work was at College of Marin in academic counseling, which propelled her into furthering her education in mental health. Mora has a strong interest in helping further the understanding of family dynamics, cultural traditions, and social justice.

* * *

Thank you to all of our applicants! It was a difficult decision this year. The 2022 Kristina M. Carey Scholarship Application will open in late Summer for those who are interested in applying this year.

The Board of Directors also wants to offer sincere thanks to the members of the Scholarship Committee for their hard work, and also to all of the Marin CAMFT members who have generously contributed to the scholarship fund.

Thank you to our Scholarship Fund Donors!

Suzanne Alfandari
Christine Armstrong
Anne Asch
Rachel Barr
Anne Baxter
Sandra Berger
Jan Berry-Kadrie
Jacob Brown
Laurie Buntain
Veronica Cervantes Wefers
Lynne Clyde
Tara D'Orazio
Louis Dangles
Mary Jane DeWolf-Smith
Lisa Dobias
Erin Hassig Egan
Margo Forbes
Martha Frankel
Sherry Freeman
Alane Freund
Phyllis Galanis
Jan Gibbs
Robin Glantz
David Glick
Grace Godino
Debbie Goldyne
Tammie Grant
Holly Greenberg
Sandra Hirschfield
Bette Hollis
Wendy Homer
Beth Hossfeld
Morgan Howson
Bea Ivory-Chambers
Kathy Jarosz
Blake Jorgensen

Dana Kahn
Noah Kempler
Dylan Kersh
Jacqueline Ladrech
Nancy Langley
Shai Lavie
Lisa Lund
Shira Marin
Elaine McMahon
Deborah Sarvis McNeil
Gilda Meyers
Rochelle Mishkin
Scott Nelson
Barbara Nelson
Dorothy O'Leary
Sara Okman
Molly Parsons
Jacqueline Perlmutter
Lorraine Platt
Eugene Porter
Suzanne Richardson
Dorie Rosenberg
Avis Rumney
Stacey Schoenstadt-Kempler
Joanell Serra
Wendy Shaw Lyons
Marjorie Swig
Joyce Thomson
Dee Treshnell
Lorena Villalba
Esther Wanning
Jade Waters-Tippo
Lisa Wenninger
Timothy West
Hollynn Wilcox
Ahria Wolf

Did we miss anybody? If you have donated to the scholarship this past year and your name does not appear above, our sincere apologies - our software does not do a great job in reporting these donations, and we are working to improve it! Please reach out to marincamftnewsletter@gmail.com and let us know if we missed you.

We want to also offer a special thanks to **Scott Nelson**, who made an incredibly generous donation to the

Community Outreach: Winter Report from the Trauma Response Team

Greetings Everyone,

Happy New Year and Welcome 2022!

The Marin CAMFT Trauma Response Team (TRT) is excited for the new year and the new adventures ahead. We have made significant progress in our collaboration efforts with the staff at Marin County Behavioral Health and Recovery Services. The goal is to provide skilled mental health volunteers during school crises, critical incidents and larger disasters in Marin as well as other Bay area counties. Under the auspices of the Marin Medical Reserve Corps (MMRC) TRT members will be deployed by county officials as part of the national Medical Reserves Corps program developed after 9/11.

Through our TRT/MMRC collaboration, TRT members will be pre-vetted, receive monthly training, and be the foundation for a larger team of skilled mental health volunteers. To learn more and join this important effort, please reach out to one of the TRT chairs whose contact info is listed below.

Dee Treshnell, who revitalized the Trauma Response Team efforts with Marin CAMFT and lead the School Crisis Team, has stepped back from these roles and will be sincerely missed. Her leadership, experience with schools, and sense of humor gave the team an outstanding foundation. The School Crisis Team serves school districts in Marin when disaster strikes and school counselors are overwhelmed. In her absence, **Beth and Kathleen are reaching out to team members and the larger Marin CAMFT community for someone with organizational and school experience to co-chair the TRT School Crisis Team. Please let us know if that is you!**

Two mental health news items are important to highlight.

First, a National State of Emergency was declared for the mental health of America's youth and in October 2021 a national state of

pandemic's worsening effect on youth's already significant mental health challenges. "Today's declaration is an urgent call to policymakers at all levels of government - we must treat this mental health crisis like the emergency it is," urged Savio Beers, AAP President Dr. Lee.

With Marin County already having one of the highest teen suicide rates in the Bay area, additional attention to youth mental health needs, programs and resources is much needed. What are you observing in your practice? Please come to the next TRT meeting, as we would like to hear from you.

Second, add this phone number to your contacts:

Disaster Distress Hotline: 1-800-985-5990

This is a 24/7, 365-day-a-year national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is available to all residents in the United States and its territories. Spanish speakers can call the hotline and press "2" for 24/7 bilingual support. Interpretation services are available in over 100 languages.

In addition, the Substance Abuse and Mental Health Services Administration (SAMHSA) has a Disaster app that offers first responders immediate access for any type of traumatic event at every response phase. Download the app and learn more about the hotline at <https://www.samhsa.gov/find-help/disaster-distress-helpline>.

If you're interested in participating in the TRT, please join our monthly meetings which include speakers and discussions on topics such as disaster mental health, trauma, experiences in the field, and pertinent trainings. Our meetings are on the third Friday of the month at 11 am. Please contact Beth to get the Zoom link.

Best regards to all,

MCAMFT Trauma and Disaster Response Team

[Beth Leib, MA, LMFT](#)

Our [next Trauma Response Team meeting](#) will be by Zoom on Friday, January 21, 2022, at 11:00 am PT.

Please contact Beth at bethleibmft@gmail.com if you're interested in joining us.

ADVERTISEMENT

Are you ready to see more private pay clients but the thought of marketing confuses or overwhelms you? Maybe the things you hear about how other therapists market themselves don't feel organic to you or don't speak to the people you love working with. Psyched To Grow is an online workshop that will help you put together a personalized plan that utilizes your strengths and genuinely excites you to grow your practice. You'll walk away with a clear idea of where to start and how to help clients you love working with find you. Jan 8 10am-12:30 www.psychedtogrow.com

From Our Treasurer: Financial Report of the Chapter



by [Laurie Buntain, LMFT](#)
2022 Treasurer

Happy New Year to our members,

I am happy to provide a report on the financial status of Marin CAMFT. As you can see below, the membership dues that you pay comprise a large portion of our revenues. We are grateful to all of our members who support our ability to put on our valuable trainings and continuing education programs in this way. Our chapter continues to operate in good health based on your significant support.

Laurie

MARIN CAMFT TOTALS

	September YTD	Approved 2021 Budget
Revenue		
Interest Income	41.26	40.00
Membership	10452.50	17500.00
Communications Advertising	1810.00	2500.00
Workshops Revenue	13706.00	12000.00
Workshop Sponsorship	0.00	0.00
Summit Sponsorsip	0.00	0.00
Camft Awards	500.00	500.00
Program Revenue	3120.00	1350.00
WorkshopTable Space	0.00	0.00
Workshop Ads	0.00	0.00
Sale of Mailing Labels	98.00	200.00
TRT Revenue	0.00	0.00

Board Budget Mtg. Dinner	0.00	0.00
Board Retreat	0.00	0.00
Bookkeeping	1920.00	3500.00
Newsletter	3611.00	2000.00
Web Design	384.00	2000.00
Dues & Fees	0.00	20.00
CEU Fees	200.00	200.00
Zoom	779.90	1250.00
Food	0.00	0.00
Membership Party	0.00	3000.00
Insurance	2760.00	4500.00
Leadership Conference	0.00	0.00
Member Tea	0.00	0.00
Merchant Fees	1373.11	1000.00
Green Committee Supplies	0.00	0.00
Office Supplies	0.00	200.00
Printing & Mailing	33.00	100.00
Promotion	0.00	0.00
ListServe Expense	0.00	250.00
Business Storage	630.00	840.00
Awards & Recognition	0.00	0.00
Scholarships	0.00	2000.00
Space Rental	0.00	0.00
Speaker Fees	9350.00	7000.00
Telephone	231.36	480.00
Web Hosting	1440.00	1920.00
Total Expense	22712.37	30285.00
Agency profit(Loss)	7895.39	4505.00

MARIN CAMFT THERAPY GROUPS LIST JANUARY-FEBRUARY-MARCH 2022

The current [Therapy Groups List](#) is also available on the MCAMFT website.

[Groups for Women](#)

Specialty Groups
Consultation Groups
Groups for Therapists
Workshops and Trainings

Advertise Your Group! [See submission guidelines below](#)

[We also accept display ads!](#)

GROUPS FOR WOMEN

WOMEN'S GROUP - NOW ONLINE

Renée Owen, LMFT

415 453 8117

Weekly group for Clinicians & Non-clinicians. Receive support, interpersonal process work, goal setting. Great adjunct to Individual Therapy. 25+ years experience
reneeowen@sbcglobal.net

DIVORCE GROUPS FOR WOMEN ONLY

Susan Pease Gadoua, LCSW

415 448 6242

Ongoing biweekly groups provide community, emotional support & information for all stages of divorce or separation. Topics: self-esteem, empowerment and recovery from difficult feelings and situations.

RELATIONSHIP INSIGHT GROUP FOR WOMEN ONLY

Susan Pease Gadoua, LCSW

415 448 6242

Ideal for any woman who is ready to change unhealthy relationship patterns. Bring to light outdated beliefs and perceptions that set women up for unfulfilling, sometimes abusive situations.

ONLINE SATURDAY GROUPS FOR WOMEN

Gilda Meyers, LMFT

415 453 1839

Ongoing online groups exploring issues of midlife and aging. Age 70+ meets 2nd & 4th Sat/month, 10:00-11:30am. Age 60+ meets 3rd Sat/month 10am-12:00pm. Call for flyer, info, free interview.

WOMEN'S INTERPERSONAL GROUP (2)

Lois Friedlander, LMFT, CGP

415 383 3337

Ongoing process groups examines relationships in all aspects of life: family, personal, partner, social, work, school, faith and spirit. Members are thoughtful, insightful, supportive. Tues. 5:15; Wed. 5:45.

WEIGHT LOSS AND WEIGHT MAINTENANCE GROUP

[\[back to Groups index\]](#)

CO-ED GROUPS

INTIMACY GROUPS - NOW ONLINE (3 GROUPS)

Renée Owen, LMFT **415 453 8117**

Weekly coed process/support groups (for single or partnered/married). Explore blocks & create more fulfillment & success in relationships & life. M/T/TH pm's. 25+ yrs experience.
reneeowen@sbcglobal.net

SINGLES GROUPS - NOW ONLINE

Renée Owen, LMFT **415 453 8117**

9-Week coed Psychoed group/class to create more successful relationships. Assists in overcoming blocks & obstacles. Excellent adjunct to Indiv Therapy. M/T/TH pm's.
reneeowen@sbcglobal.net

BARIATRIC SURGERY/ EDUCATION SUPPORT GROUP

Dr. Jean Hayes, LMFT **415 897 1348**

For women and men contemplating weight loss surgery and for those post-surgery, to establish new eating habits for weight loss and successful maintenance. 12-week AM and PM sessions in Novato

SUBSTANCE ABUSE EDUCATION/SUPPORT GROUP

Dr. Jean Hayes, LMFT **415 897 1348**

For women & men contemplating their behavior, use or abuse of various substances, i.e., alcohol, drugs, food, pills, sex, shopping, gambling-effects on aspects of their lives. 12-week. AM & PM in Novato.

COUPLES COMMUNICATION WORKSHOP

Kathy Jarosz, LCSW **415 999 4414**

Crash course to improve communication. Focus on skills to use right away based on Gottman research and techniques. Great relationship tune-up. One evening per month.
Kathy@couplescounselingworks.com

INTERPERSONAL GROUP (Mixed Gender)

Lois Friedlander, LMFT, CGP **415 383 3337**

Ongoing process groups examines relationships in all aspects of life: family, personal, partner, social, work, school, faith and spirit. Members are thoughtful, insightful, supportive. Thurs. 5:15pm.

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youth.

ADULT ADHD ONLINE

Holly Seerley, LMFT

415 383 6656

12 weeks. Executive Functioning skills: organizing, planning, and managing time.

SKILLS FOR COUPLES

Holly Seerley, LMFT

415 383 6656

Online. Neuroscience! De-escalate, feel safer, stop reactive patterns.

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CONSULTATION GROUPS

CONSULTATION GROUP -- NOW ONLINE

Renée Owen, LMFT

415 453 8117

Connect & network with colleagues. General case consult, help in creating a thriving practice, or starting, facilitating or sustaining groups. Meets 1x/month online. 25+ years experience. reneeowen@sbcglobal.net

CONSULTATION GROUP: EXPERIENCED CLINICIANS

Fran Goldie-Marcus, LCSW

415 892 4310

Consultation group with special emphasis on evaluating and treating personality disordered clients from a psychodynamic and object relations perspective. Call for more info, or frangoldiemarcus@gmail.com

BIMONTHLY CONSULTATION GROUP

Geraldine Alpert, PhD.

415 497 9479

Formerly Director Post Doc Training at Kaiser; Assoc. Prof of Psychiatry at UCSF, Director of Group Therapy at McAuley Neuropsychiatric Institute. Input/Support.
www.GeraldineAlpert.com

marincamft.org in January. In the interim, please continue to contact TGL Editor Renée Owen with questions on advertising in the Therapy Groups List.

Best wishes to all for a healthy and happy 2022!

Text Ad Specs

- Line 1 - name of group: up to 44 characters
 - Line 2 - facilitator, phone number: up to 44 characters
 - Up to 3 more lines - description of group, web and/or email address, etc: up to 65 characters per line
- The character limit includes punctuation and spaces. If too long or doesn't follow the existing format, your ad will be edited to fit



xxx

Questions, comments, or suggestions for this newsletter? We welcome your feedback! Please send ideas or critiques to Lisa, our web/newsletter editor, at marincamftnewsletter@gmail.com

For answers to your questions on advertising in MarinCAMFT's Therapy Group List, call TGL Editor Renée Owen at (415) 453-8117 or email reneeowen@sbcglobal.net

We accept Display Ads for our newsletter and on the website, too! [Please see our advertising information on the \[marincamft.org\]\(http://marincamft.org\) website for more.](#)

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Marin CAMFT is approved by the California Association of Marriage and Family Therapists (CAMFT Provider #56895) to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs.

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