



## MARIN CAMFT CONNECTIONS

and [THERAPY GROUPS LIST](#)  
APRIL MAY JUNE 2023

**Have you heard about the new BBS telehealth training requirement?** *It goes into effect on July 1st. [Marin CAMFT is offering this 3-CE telehealth training on Saturday, June 17th from 10:00 am to 1:15 pm.](#) This is a one-time requirement which you'll need to complete with a CE provider if you did not have at least 3 hours of telehealth training in your master's program. [Find out more in this BBS FAQ](#) and [see details on Marin CAMFT's June telehealth training here.](#)*



### President's Message

**Peter Sadler, LMFT**  
2023 Marin CAMFT President

Greetings and warm wishes as we welcome spring, a season of transformation and new beginnings. The blooming flowers, warmer temperatures, and longer days symbolize the possibility of growth and change. Just as nature sheds its old skin and welcomes a new phase, spring encourages us to embrace change and take on new possibilities in our own lives.

This is why I am excited to introduce MicroVolunteering with Marin CAMFT, a new way to get involved and give back. MicroVolunteering involves small, bite-sized actions that can be completed in a short amount of time. By participating in MicroVolunteering, you can make a meaningful impact on our organization while fitting it into your busy schedule and meeting other amazing people.

We welcome MicroVolunteers to help us with various tasks, including meetups, content creation, event planning, and member outreach. If you are interested in becoming a MicroVolunteer, [please complete the signup sheet here.](#)

Speaking of possibilities, have you registered for our giveaway to the CAMFT Annual Conference? Find out more [about the conference at this link](#) and register for your chance to [win free registration here](#). The winner will be announced after the April 14th Marin CAMFT board meeting.

Thank you for your continued support of Marin CAMFT. Together, we can continue to make a positive impact in our communities while being supported in our professional growth and well-being.

Peter Sadler  
President, Marin CAMFT

### **Next in Marin CAMFT's Friday CE Series**

## **Ketamine Assisted Psychotherapy**

**April 14, 2023**

noon - 2:00pm PT

2 CEs available

Free for Marin CAMFT members

\$20 for non-members

[Learn more and register here.](#)

### **Meet the 2023 Kristina M. Carey Scholarship Recipients**

Marin CAMFT is pleased to announce the winners of the [2023 Kristina M. Carey Scholarships](#). This year Marin CAMFT had three categories for scholarship: trainee, associate and a trainee or associate who represented an underrepresented population of therapists. Each scholarship is a \$2,500.00 award.

Kristina M. Carey was a Marin CAMFT board member who contributed her creativity, kindness and time to the Marin chapter. The Scholarship Fund was renamed to honor her legacy in 2017.

For the 2023 awards, the scholarship interviews were held on Zoom on March 4, 2023. The Marin Scholarship Committee, comprised of Elaine McMahon, Chair, and members Suzanne Alfandari, Dorie Rosenberg, and Marty Frankel, had the honor of interviewing several wonderful and thoughtful candidates.

The 2023 Marin CAMFT Kristina M. Carey Scholarship Recipients are:

- **Kori Stevenson: Recipient of the Trainee Scholarship.** Kori Stevenson is a Trainee with BACR, working at an elementary school and high school. In addition, she volunteers at the county jail and also with a local rehabilitation recovery program.
- **Alisa Kyle: Recipient of the Associate Scholarship.** Alisa Kyle is an Associate with Wellspring Psychotherapy Center, working with children, youth and families. Earlier work involved counseling SFSU students and younger students in the San Francisco School District.
- **Rachel Cortes: Inaugural recipient of Marin CAMFT's scholarship for a member of an underrepresented therapist population.** Rachel Cortes, who identifies as Filipino-American, works as an Associate at the Marin Wellness Center in Corte Madera and with a local dual diagnosis recovery program that serves men.

Thank you to all of the applicants. It was a large pool of applicants and each interviewee showed strength of character, deep understanding of the human experience and a profound sense of wanting to make mental health services available to all in need. The 2024 Kristina M. Carey Scholarship Application will open in early 2024 for those trainees and associates who are interested in applying or reapplying.

Thank you to the Marin CAMFT members who generously donated to the Scholarship Fund. Financially, it is an arduous journey for all on the path to licensure. Your donations gently lift some of that pressure for scholarship recipients.

**A special *THANK YOU* to all of you who support our pre-licensed community through your donations to the Kristina M. Carey Scholarship Fund throughout the year!**

Interested in donating? You can do so when paying your membership renewal, or [submit a donation here](#).

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## SPRING CE EVENTS LINE-UP

- April 14: [Friday Free CE Series: Ketamine Assisted Psychotherapy: A Transformative Treatment Option](#)
- June 9: [Friday Free CE Series: The Be Body Positive Model: Practical Resources for Transforming Body Image in Clients](#)
- June 17: [Saturday Workshop: BBS-mandated 3-CE Telehealth Training](#)

Marin CAMFT takes a break from hosting trainings in July and August. We have a full lineup in the works for fall, including [two 3-CE Law & Ethics courses on October 21](#).

## JOIN OUR CONTINUING EDUCATION COMMITTEE

Want to get involved with putting on the great programming we are able to offer through this chapter?

**Please join our next CE Committee Meeting on Zoom on Friday, April 28th from 10:00 to 11:00 AM.**

Please contact Marin CAMFT's Director of Programs Norman Hering at [drnormanhering@gmail.com](mailto:drnormanhering@gmail.com) for more information and to get the Zoom link.

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**Did you miss a recent training?** Many of our events are available as audio programs in the Marin CAMFT Podcast Library. Recent additions include:

- Long COVID
- Nancy McWilliams on Psychotherapy Supervision
- A two-part training on IFS

If you are a Marin CAMFT member, you can log on at [marincamft.org](http://marincamft.org) and go to the Members Only section, then choose Podcast Library. Not a member? [We would love to have you join!](#)

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## Are you on the Marin CAMFT listserv?

It's our chapter's email community. The listserv is an email resource for getting and giving referrals, making connections, learning about office space for rent, and more!

If you are a Marin CAMFT member and want to join the listserv, please send a message to [MCAMFT+subscribe@groups.io](mailto:MCAMFT+subscribe@groups.io) and our listserv moderator will confirm Marin CAMFT membership and subscribe you.

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## 3,000 Hour Club

Students, Trainees, and Associates, come join our growing community of pre-licensed therapists here at Marin CAMFT.

The Marin CAMFT 3,000-Hour Club is a supportive community meeting regularly on Zoom & in person to connect, build community and support each other on this journey to licensure. [Our next gathering will be on Zoom on Saturday, April 29th at 10am](#) and we look forward to meeting you then.

[Membership in Marin CAMFT is free](#) for all pre-licensed associates and students.

Contact Katharine Spencer, Pre-Licensed Director-At-Large, to learn more about events and opportunities for the pre-licensed community:  
[marincountycamftchapter@gmail.com](mailto:marincountycamftchapter@gmail.com)



*Marin CAMFT 3000-Hour Club March 2023*

## MORE OPPORTUNITIES TO GET INVOLVED WITH MARIN CAMFT!

**Interested in supporting the local Marin community in the event of disaster or crisis? Come join the Marin CAMFT Trauma Response Team.**

The [Trauma Response Team](#) meets on the third Friday of most months on Zoom. For more information and to RSVP to attend, please contact TRT Co-Chair Beth Leib at [bethleibmft@gmail.com](mailto:bethleibmft@gmail.com)

Questions, comments, feedback? Want to place an ad in the next edition of Connections?  
Please email Lisa, our Newsletter Editor, at [marincamftnewsletter@gmail.com](mailto:marincamftnewsletter@gmail.com)



# MARIN CAMFT THERAPY GROUPS LIST

## APRIL-MAY-JUNE 2023

The current [Therapy Groups List](#) is also available on the MCAMFT website.

### GROUPS FOR WOMEN

#### WOMEN'S GROUP - NOW ONLINE

**Renée Owen, LMFT**

**415 847 1353**

Weekly group for Clinicians & Non-clinicians. Receive support, interpersonal process work, goal setting. Great adjunct to Indiv. Therapy. 25+ years expernc. [reneeowen@sbcglobal.net](mailto:reneeowen@sbcglobal.net)

#### DIVORCE GROUPS FOR WOMEN ONLY

**Susan Pease Gadoua, LCSW**

**415 448 6242**

Ongoing biweekly groups provide community, emotional support & info for all stages of divorce or separation. Topics: self-esteem, empowerment and recovery from difficult feelings and situations.

#### RELATIONSHIP INSIGHT GROUP FOR WOMEN ONLY

**Susan Pease Gadoua, LCSW**

**415 448 6242**

Ideal for any woman who is ready to change unhealthy relationship patterns. Bring to light outdated beliefs and perceptions that set women up for unfulfilling, sometimes abusive situations.

#### TWO WOMEN'S INTERPERSONAL GROUPS

**Lois Friedlander, LMFT, CGP**

**415 383 3337**

Ongoing process groups examine relationships in all aspects of life: family, personal, partner, social, work, school, faith and spirit. Psycho-dynami + interpersonal models. Tues. 5:30; Wed. 5:45.

[lois@loismft.com](mailto:lois@loismft.com)

### GROUPS FOR MEN

ADVERTISE YOUR GROUP HERE NEXT TIME! [FIND OUT HOW!](#)

### CO-ED GROUPS

#### INTIMACY GROUPS - NOW ONLINE (3 groups)

**Renée Owen, LMFT**

**415 847 1353**

Weekly coed process/support groups (for single or partnered/married). Explore blocks & create more fulfillment & success in relationships & life. M/T/Th pm's. 25+ yrs experience. [reneeowen@sbcglobal.net](mailto:reneeowen@sbcglobal.net)

#### SINGLES GROUPS - NOW ONLINE

**Renée Owen, LMFT**

**415 847 1353**

9-Week coed Psychoed group/class to create more successful relationships. Assists in overcoming blocks & obstacles. Excellent adjunct to Indiv Therapy. M/T/Th pm's. [reneeowen@sbcglobal.net](mailto:reneeowen@sbcglobal.net)

#### MIXED GENDER RELATIONAL PROCESS GROUP

**Lois Friedlander, LMFT, CGP**

**415 383 3337**

Integrates psycho-dynamic + interpersonal models. Late 20's – mid 40's. Members increase awareness of relational and behavioral style. Experienced facilitator. Thur. 5:15pm. [lois@loismft.com](mailto:lois@loismft.com)

## CHILDREN, TEENS AND PARENTING

### MOTHERS' SUPPORT GROUP

**Deanna Bernard, LCSW**

**707 749 0022**

10-week online session evening group running April-June. Nurture the nurturers! Call or text 707-749-0022. Email [TeletherapyLCSW@protonmail.com](mailto:TeletherapyLCSW@protonmail.com) Web [www.deannabernard.com/](http://www.deannabernard.com/)

## SPECIALTY GROUPS

### ADULT ADHD ONLINE

**Holly Seerley, LMFT**

**415 383 6656**

12 weeks. Executive Functioning skills: organizing, planning, and managing time.

### SKILLS FOR COUPLES

**Holly Seerley, LMFT**

**415 383 6656**

Online. Neuroscience! De-escalate, feel safer, stop reactive patterns.

### ENNEAGRAM EXPLORATIONS & INQUIRY STUDY GROUP

**Harriet Katz, LCSW**

**707 544 8879**

33+ Yrs Diamond Approach. Deepen your integration of psyche-soul-body & spiritual dimension thru somatic inquiry. Clinicians welcome. Zoom. [www.TotalBeingPsychotherapy.com](http://www.TotalBeingPsychotherapy.com)

### CHRONIC PAIN WORKSHOP

**Deb Nelson, PsyD**

**415 578 0232**

Learn how to reduce the impact of chronic pain on your life. Small, virtual classes include discussion, latest research, workbook. Various dates and times thru the year. More details can be found at [www.drdebnelson.com](http://www.drdebnelson.com)

## CONSULTATION GROUPS

### CONSULTATION GROUP -- NOW ONLINE

**Renée Owen, LMFT**

**415 847 1353**

Connect & network with colleagues, General case consult, Help in creating a thriving practice, or starting, facilitating or sustaining groups. Meets 1x/mth online. 25+ years experience. [reneeowen@sbcglobal.net](mailto:reneeowen@sbcglobal.net)

### REMOTE BIMONTHLY CONSULTATION GROUP

**Geraldine Alpert, PhD.**

**415 497 9479**

Consultation and support. Formerly: Director Post Doc Training, Kaiser; Assoc. Prof of Psychiatry, UCSF; Director of Group Therapy, McAuley Neuropsychiatric Institute. [www.GeraldineAlpert.com](http://www.GeraldineAlpert.com)

### CONSULTATION FROM SPIRITUAL & SOMATIC APPROACH

**Harriet Katz, LCSW**

**707 544 8879**

33+ Yrs Diamond Approach. Deepen your understanding with the guidance of the Enneagram and the unfolding nature of the soul and its impact on our own process. Zoom. [www.TotalBeingPsychotherapy.com](http://www.TotalBeingPsychotherapy.com)



## GROUPS FOR THERAPISTS

### HYBRID THERAPY GROUP FOR MATURE THERAPISTS

**Geraldine Alpert, PhD**

**415 497-9479**

One opening in high functioning, long term group (4 women, 3 men) with psychodynamic, interpersonal orientation. Meets weekly on zoom, with intermittent (post covid) in person.

. [www.GeraldineAlpert.com](http://www.GeraldineAlpert.com)

## WORKSHOPS AND TRAININGS

ADVERTISE YOUR GROUP HERE NEXT TIME! [FIND OUT HOW!](#)

### Interpersonal Process Groups

**Women's Group - Tuesday 5:15pm**  
**Women's Group - Wednesday 5:45pm**  
**Mixed Gender - Thursday 5:15pm**

**Process groups:**

- Offer support + community during times of isolation
- Provide a safer, confidential setting to share our stories + emotional lives
- Allow us to focus on what's happening between people in the moment
- Ponder the ways we form and foster relationships
- Share our hopes and dreams for better social connection
- Provide a forum to share anxieties, grief, celebrations, or melancholy

**Members Learn How To:**

- Improve communication skills
- Expand their emotional lives
- Begin new relationships and decrease isolation
- Repair ruptured relationships
- Change unproductive relational behavior patterns

**Fee: \$80 (90 min) - Sliding scale available**  
Contact me for a complimentary 20 minute phone consultation **415-383-3337**  
*Screening meetings are necessary prior to group participation to ensure a good match of group membership.*  
Find out more on my website: **[www.loismft.com](http://www.loismft.com)**

Lois Friedlander, MFT is an experienced clinician + confident Certified Group Psychotherapist, member of the clinical faculty, UCSF Dept. of Psychiatry, Faculty of the Group Psychotherapy Training Program @ The Psychotherapy Institute. She has been a workshop presenter at the American Association of Group Psychotherapy and developed graduate level group dynamics curriculum at the California Institute for Integral Studies.



## TGL AD SUBMISSION GUIDELINES

Marin CAMFT accepts payments for Therapy Group ads online via credit card only, per payment instructions below. Checks are no longer accepted. If you have questions or run into problems with submitting your credit card, please email [marincamftnewsletter@gmail.com](mailto:marincamftnewsletter@gmail.com) for assistance. All questions about your TGL placement itself still go to our TGL Editor Renee Owen at [reneeowen@sbcglobal.net](mailto:reneeowen@sbcglobal.net) or 415-847-1353.

### NEXT DEADLINE JUNE 1, 2023

for July/Aug/Sept 2023 issue

### Line Ads

Specifications and maximum ad length

Please follow the standard formatting used in our TGL listings, as you see above.

- Maximum 5 lines
- First 2 lines for title of group, facilitator, phone #: 44 characters.
- Next 3 lines for description of group, and email or web address if any: 65 characters per line.
- If too long or doesn't follow the existing format, your ad will be edited to fit.

Rates for Text Ads

- Marin CAMFT members: \$20 first listing, \$10 for each additional listing in the same issue.
- Non-members (including agencies): \$25 first listing, \$15 each additional listing in the same issue.

### To Renew Existing Line Ads

If no changes to an ad that is currently running:

1. [Submit payment here using a credit card.](#)
2. Forward the Payment Receipt email to Renee at [reneeowen@sbcglobal.net](mailto:reneeowen@sbcglobal.net) to notify her

### To Place New Line Ads

1. [Submit payment here using a credit card.](#)
2. Forward the Payment Receipt email to Renee at [reneeowen@sbcglobal.net](mailto:reneeowen@sbcglobal.net)
3. Draft your ad per the specs on this page, then email your ad in the body of the email (no attachments), and in Plain (vs Rich) Text to [reneeowen@sbcglobal.net](mailto:reneeowen@sbcglobal.net), with Subject Line of "MCAMFT Grp Tx Ads - Your Last Name."
  - Specify the section in which you would like to see your ad.
  - Be sure the ad conforms with the specs listed above including maximum characters per line.

For answers to your questions, email TGL Editor Renée Owen at email [reneeowen@sbcglobal.net](mailto:reneeowen@sbcglobal.net) or call 415-847-1353.

### Display Ads

A display ad is a larger full-color advertisement such as you'd see in a magazine, usually with a graphic or image. Display ads can be posted on the [marincamft.org](http://marincamft.org) website or they look great in our newsletter! [You can learn more about this type of advertising available with Marin CAMFT here.](#)

Please forward the Payment Receipt email to Renee at [reneeowen@sbcglobal.net](mailto:reneeowen@sbcglobal.net) to notify her of the ad placement. You may contact Lisa, Marin CAMFT's Editor, at [marincamftnewsletter@gmail.com](mailto:marincamftnewsletter@gmail.com) with questions and to place an ad.

## MARIN CAMFT 2023 BOARD OF DIRECTORS

President Peter Sadler

President-Elect Lauren Ogren

Past President Adam Cohen

Secretary Bonnie Kaufman

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Director-At-Large for Programs Norman Hering

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Marin County Chapter of CAMFT

PO Box 9065 San Rafael, CA 94912-9065

(415) 459 3484 [www.marincamft.org](http://www.marincamft.org)

Marin CAMFT is approved by the California Association of Marriage and Family Therapists (CAMFT Provider #56895) to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs.